



Southern Illinois Resource Guide

When Life Gives You Lemons

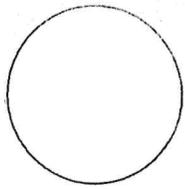


The Southern Illinois Resource Guide is a collaborative effort between several local organizations, including the Regional Office of Education #21, Community Prevention Resources, the Southern Illinois Continuum of Care, and the McKinney-Vento Homeless Program (Area 6) to help people find the local resources they need. For your convenience, we have also added The Southern Illinois Resource Guide to our website, with a search feature.

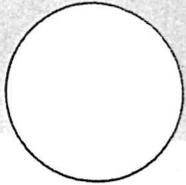
We're thrilled to see this resource rapidly expand with the active involvement of our partners! Together, we can ensure that this resource remains comprehensive and up-to-date for our community. If you know someone that can benefit from the resource guide or you know of services that should be included, please spread the word about how they can get the access they need.

To access The Southern Illinois Resource Guide or the resource submission form online, go to whoisopr.com or scan the applicable QR code below.





Available to All Counties	4-8	Pope County	29-30
Alexander County	9-10	Pulaski County	30-31
Bond County	10	Randolph County	31-32
Champaign County	10	Richland County	32-33
Clay County	10-11	Saline County	33-35
Clinton County	11-12	Union County	35-36
Coles County	12	Wabash County	36
Crawford County	12-13	Washington County	37
Edwards County	13	Wayne County	37-38
Effingham County	14	White County	38
Fayette County	14	Williamson County	39-41
Franklin County	14-16	Regional Offices of Education	42
Gallatin County	17		
Hamilton County	17-18		
Hardin County	18-19		
Jackson County	19-23		
Jasper County	23		
Jefferson County	23-24		
Johnson County	25		
Lawrence County	25-26		
Madison County	26		
Marion County	26-27		
Massac County	27-28		
Monroe County	28		
Perry County	28-29		

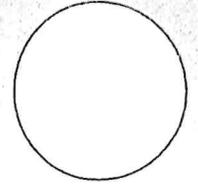


Services for You

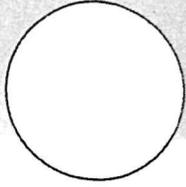
Available to All

AIDSinfo	800-HIV-0440(448-0440)	Healthcare	hivinfo@nih.gov
Al-Anon: Alateen	888-425-2666	Addiction, substance abuse	al-anon.org
Alcohol Treatment Referral Hotline	800-252-6465	Addiction, substance abuse	
All Kids	866-ALL-KIDS(255-5437)	Healthcare, insurance	
Arrow Leaf Vienna	618-658-3079	Resource links	https://myarrowleaf.org/
Boys Town National Hotline	800-448-3000	Behavioral health	boystown.org
CAISA (Sexual Abuse/Assault)	618-879-2130	Counseling	sacis.org/about-us/contact/
CARES Crisis Hotline	800-345-9049	Suicide	
Center for Autism Spectrum Disorders SIUC	618-453-7130	Counseling	casd.siu.edu
Centers for Disease Control	800-CDC-INFO (232-4636)	Healthcare	cdc.gov
Centralia Community Youth Center	618-532-6530	After school program, food assistance	https://centraliayouth-center.com/
CHESI Cairo	618-734-4400	Dental, healthcare	chesi.org
CHESI Harrisburg	618-253-8450	Crisis services, mental health, substance use	chesi.org
Child Find of America	800-A-WAY-OUT(292-9688)	Parents considering abducting their children	childfindofamerica.org
Childhelp National Child Abuse Hotline	800-4-A-CHILD (422-4453)	Abuse	https://www.childhelp.org/ https://www.childhelpline.org/

Available to All



Comprehensive Community Based Youth Services (CCBYS)	877-870-2663	Youth services, community outreach	https://www.dhs.state.il.us/page.aspx?item=30768
ComWell	618-282-6233	Addiction, substance abuse	https://comwell.us/
Cornerstone Church	618-997-7884	Assistance with transportation, comfort kits, patient navigator, utilities, food	www.cornerstonechurch.community
Crisis Text Line	Text "HOME" to 741-741	Crisis services	https://www.crisistextline.org/
Empowering Survivors	800-334-2094	Counseling, education, medical and legal advocacy for domestic violence/rape crisis	https://www.empowering-survivors.org/
Families Anonymous	800-736-9805	Addiction, substance abuse support for family members	https://www.familiesanonymous.org/
Good Samaritan Carbondale	618-457-5794	Shelter, transitional housing, soup kitchen, food pantry, emergency assistance	https://goodsamcarbondale.com/
GriefShare	800-395-5755	Grief/Loss Support Groups; Open weekdays 9am- 5pm	http://www.griefshare.com/
Healthy Southern Illinois Delta Network	618-457-5200 ext. 67837	List of health resources, mental health awareness, cancer support, health & chronic disease, cardiovascular health	https://www.hsidsn.org/ https://dph.illinois.gov/topics-services/life-stages-populations/womens-health-services/ibccp.html
Illinois Breast and Cervical Cancer Program	888-522-1282	Cervical and breast cancer screening and treatment	www2.illinois.gov/dcf/safekids/reporting/Pages/index.aspx
Illinois Child Abuse Hotline (DCFS)	800-25-ABUSE (22873)	Child abuse help	
Illinois Helpline for Opioids and Other Substances	833-234-6343, text line "HELP" to 833234	Public resource for finding substance use treatment and recovery services in Illinois	https://helplineil.org/app/home
Illinois Poison Center	800-222-1222	Poison control	poison.org/contact-us https://ipha.com/content/uploads/Warm%20Line%20Flyer%205.25.16.pdf https://www.dhs.state.il.us/page.aspx?item=123539
Illinois WarmLine	866-359-7953	Emotional support, recovery education, self-advocacy support, referrals	

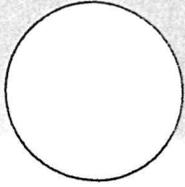


Services for You

Intelligent.com	800-203-5102	Informational resources on addiction recovery during higher education	https://www.intelligent.com/substance-abuse-recovery-support-guide-for-college-students/
Koen Counseling and Wellness Center	618-967-0518	Counseling	https://www.koencwc.com
Land of Lincoln Carbondale	618-398-0574	Free civil legal services to low income and senior residents	https://lincolnlegal.org/
LGBT National Senior Hotline	888-234-7243	LGBTQ+	https://lgbthotline.org/
LGBT National Youth Talkline	800-246-7743	LGBTQ+	https://www.glbthotline.org/talkline.html
Lifestance Health	630-428-7890	Counseling, telehealth	https://lifestance.com/
Love is Respect	866-331-9474, or text LOVEIS to 22522 or live chat	Offers 24/7 information, support, and advocacy to young people between the ages of 13 and 26 who have questions or concerns about their romantic relationships	https://www.loveisrespect.org/
Marijuana Anonymous	800-766-6779	Marijuana addiction recovery	marijuana-anonymous.org
Narcotics Anonymous	Salem Location 618-322-3178 Toll Free 818-773-9999	Drug abuse and addiction center	https://na.org/
National Alliance on Mental Illness	800-950-NAMI (6264) or text HELPLINE to 62640	Mental Health; NAMI works to educate, support, advocate, and listen. Crisis counselors are also available .	nami.org
National Association for Children of Addiction	888-554-2627	Work to eliminate the adverse impact of alcohol and drug use on children and families.	https://nacoa.org/
National Association of Anorexia Nervosa and Eating Disorders	888-375-7767	Emotional support and referrals for eating disorders	anad.org
National Center for Missing and Exploited Children	800-THE-LOST (843-5678)	Help find missing children, reduce child sexual exploitation and prevent child victimization	https://www.missingkids.org/home
National Domestic Violence Hotline	800-799-7233	National Domestic Violence Hotline	https://ncadv.org/get-help
National Eating Disorders Association	800-931-2237	Helpline for support; Resources, and treatment options for eating disorders	https://www.nationaleatingdisorders.org/



National Parent Helpline	855-4APAR- ENT(1-855-427-2736)	Providing emotional support to help support families	https://www.national-parenthelpline.org/
National Runaway Safeline	800-RUNAWAY (786-2929)	Crisis services	1800runaway.org
National Sexual Assault Hotline: RAINN	800-656-HOPE (4673)	Sexual assault help	rainn.org
National Suicide Prevention Lifeline	988	Suicide and crisis lifeline	
PATH/ United Way 2-2-1	888-865-9903	List of resources for various needs	https://www.navigatere-sources.net/path/
Postpartum Support International	1-800-944-4773	Postpartum help for moms and dads	postpartum.net
Project Child	800-362-7257	Child care	http://www.projectchild.net/
Public Disposal for Controlled Substances		Online search for public controlled substance disposal locations	http://www.epa.gov/epaosopr/ocost/pubsites/
Red Cross	800-RED-CROSS (733-27677)	Disaster relief, lifesaving blood, military families, international services	redcross.org
<u>ResumeBuilder.com</u>		Our resource helps small businesses decide if hiring youth makes sense for them. We cover federal and state child labor laws, how to interview applicants, and ways to create a youth-friendly workplace.	https://www.resume-builder.com/hiring-employees-child-labor-laws-and-best-practices/
Safe Families for Children So IL Carbondale	618-319-5751	Families seek to help parents in crisis get on their feet by providing short-term care for their children	www.safe-families.org/
Senior HelpLine	800-252-8966	Abuse	
Shawnee Health	618-519-9200	Psychiatric treatment to children and adolescents ages 3-17	shawneehealth.com
SI Families Connect		Connecting families to a wide variety community services	sifamilies.org
Social Security Administration	800-772-1213	Social Security	
Specialized Care for Children	618-997-4396	Children with special healthcare needs	https://dscu.uic.edu/



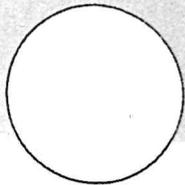
Services for You

Stop it Now!	888-PREVENT (773-8368)	Abuse	nsvrc.org
Suicide Hotline	800-273-TALK (8255)	Suicide	suicidepreventionlifeline.org
Suicide Prevention Services Depression Hotline	Call or Text 988	Suicide hotline	988lifeline.org
The Family Help Line	855-771-4357	Family counseling	focusonthefamily.com
The Mulberry Center Harrisburg	618-252-0999	Behavioral health	https://harrisburgmc.com/services/behavioral-health-services/
The Trevor Project	866-488-7386 or Text "St.art" to 678-678	LGBTQ+	thetrevorproject.org/get-help-now
Thursday's Child National Youth Advocacy Hotline	800-USA-KIDS (1-800-872-5437)	Abuse hotline, 24/7 crisis support for youth and their parents	thursdayschild.org
Tragedy Assistance Program for Survivors (TAPS)	800-959-TAPS(8277)	Crisis services, Services to all those who have lost a loved one	taps.org



Alexander County

Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
MAP Training Center Karnak	618-634-9401	Developmental training for disabled	https://chamnesscare.com/ https://southern7.org/clinics-southern-7-health-department/public-health-clinic-locations/alexander-county-southern-7-health-department-clinic/
Alexander County Clinic Cairo	618-734-4167	Dental, healthcare	
Alexander County Housing Authority Cairo	618-734-1910	<u>Housing</u>	ah734.org
Arrow Leaf Vienna	618-658-2611	Counseling services, rental assistance through Salvation Army	www.salvationarmyusa.org
Cairo Women's Center Cairo	618-734-4357	<u>Domestic violence, sexual assault, abuse</u>	www.womenscenter.org/helpline/
Child Care Resource & Referral Cartersville	618-985-5975	<u>Family</u>	ccrjalc.edu http://www.ccrjalc.com/
Department of Children and Family Services (DCFS) Cairo	618-734-0858	Food pantry	
Shawnee Development Council	618-734-0535	<u>Utility assistance, weatherization</u>	https://shawneedevelopment.org/
Shawnee Enterprises	618-997-5365	<u>Housing by application</u>	
Shawnee Mass Transit District	618-658-8380	Regional transportation system	shawneemtd.com
SICIL Cairo	618-457-3318	Housing, shelter	https://www.incil.org/sicil/
Southern Seven Health Department Cairo	618-734-4167	Preventive health care, health education, Head Start	https://www.southern7.org/pope.html
Two Rivers Child Advocacy Center Anna	618-833-7470	Domestic violence, sexual assault, abuse	http://www.tworiverscac.org/



Services for You

University of Illinois Extension
Office Mounds 618-745-5200

Community outreach

<https://extension.illinois.edu/ajmpu>

Bond County

Health Department Greenville 618-664-1442

Dental clinic, environmental health, family planning, home health, WIC, immunizations, counseling center

<https://www.bchd.us/departments/>

One Hope United Effingham 217-347-5880

Counseling, Comprehensive Community-based Youth Services (CCBYS), Functional Family Therapy (FFT), Screening Assessment and Support Services (SASS), Intensive Placement Stabilization (IPS), Intact Family Services Program

onehopeunited.org

BCMW Community Services
Centralia 618-664-3309

Transitional housing, energy assistance, rental assistance, mental health, crisis services, mental health scholarships and weatherization

bcmwcommunityservices.org

Bond County Transit Greenville 618-664-9844

Transportation

bondcountytransit.org

Champaign County

GROW In Illinois Champaign 217-352-6989

Crisis services, mental health, substance use; Group videoconference available

<https://www.growinamerica.org/home>

One Hope United Champaign 217-850-0500

Foster care services; Intact Family Services Program

onehopeunited.org

Clay County

Guadalupe Project Flora 618-403-5998

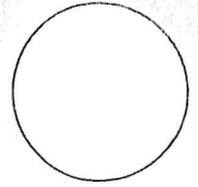
Clothing, assistance; Open the second Monday of every month from 9 a.m. - 12 noon.

<https://ststephenflora.com/guadalupe-project>

Health Department Flora 618-662-4406

Community health, health education, nursing department, home health, WIC, immunizations,

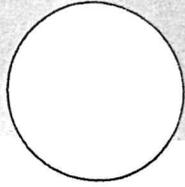
<https://www.healthdept.org/>



Department of Children and Family Services (DCFS) Mt Vernon	618-244-8400	Family	https://dcfs.illinois.gov/ https://www.dhs.state.il.us/page.aspx?item=27893
Department of Human Services (DHS) Olney	618-392-3151	Family, food assistance	
Opportunities for Access-Center for Independent Living	618-244-9212	Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral	ofacil.org

Clinton County

Health Department Carlyle	618-594-2723	Public Health, immunizations, WIC services, environmental health and food protection	https://clintoncounty-health.com/
One Hope United Centralia	618-323-0120	Intact Family Services Program	http://www.onehope.org/
BCMWS Community Services Breese	618-526-7123	Transitional housing, energy assistance, rental assistance, crisis	http://www.bcmws.org/
BCMWS Head Start Breese	618-526-2419	Employment, education	bcmws.org
City Hope Church	618-248-0167	Clothing, food assistance	https://www.cityhopechurch/
Community Resource Center 24/7 Crisis Hotline	618-594-4581	Community mental health agency; Accepts Medicaid, sliding fee scale; Counseling, group therapy, case management	cr.online.info
Court Appointed Special Advocates (CASA) South Central Illinois	618-594-6078	Counseling, group therapy, community outreach, professional development	https://casaofscil.org/
Opportunities for Access-Center for Independent Living	618-244-9212	Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral	ofacil.org
Public Transportation Perry County	618-532-8076	Regional transportation system	https://southcentraltransit.org/
Salvation Army Centralia Service Center, Centralia	618-532-5942	Disaster services, emergency financial assistance, food & nutrition	
South Central Transit	800-660-7433	Shuttle services	http://southcentraltransit.org/



Services for You

SSM Health St.. Mary's Hospital
Centralia 618-436-8000

Dental, healthcare, behavioral health
conditions

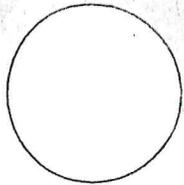
ssmhealth.com/locations/st-marys-hospital-centralia

Coles County

One Hope United Charleston	217-294-6727	Counseling, DCFS Counseling Services, Intensive Placement St.abilization (IPS), Intact Family Services Program	onehopeunited.org
Salvation Army IL Corps, Mattoon	217-234-3915	Food & nutrition programs, emergency shelter, community recreation programs	

Crawford County

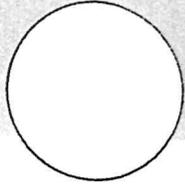
ERBA Robinson	618-544-8780	Housing, utilities, financial, scholarship, rent/mortgage assistance, medicine assistance	erbainc.org
Franklin-Williamson Child Advocacy Center	618-262-1609 618-942-3800	Abuse, Couseling, Court Support WIC, nursing, environmental health, health education, behavioral health services	https://www.franklinwilliamsoncac.org/
Health Department Robinson	618-544-8798		http://www.cchd.net/
Home Hub LLC	618-544-2254	Housing assistance	
Lydia's Closet Oblong	618-553-1021	Second hand clothing	https://www.facebook.com/lydiasclosetoblong/
MACO Management Robinson	618-544-8645	Housing	MACO Management Co., Inc. (macocompanies.com)
Oblong Christian Children's Home Oblong	618-592-3633	Children's shelter	Oblong Children's Christian Home (oblongchristianhome.org)
Opportunities for Access-Center for Independent Living	618-244-9212	Office location- Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral	ofacil.org
Catholic Charities Marshall	217-857-1448	Financial, utility, medicine assistance	



Clarity Women's Care Marion	618-997-2790	Medical behavior health, women's healthcare, dental (no longer a free clinic)	claritywomenscare.org
Department of Human Services (DHS) Robinson	618-544-3151	Family, food assistance	https://www.dhs.state.il.us/page.aspx?item=27893
Rides Mass Transit Robinson	618-544-8800	Regional transportation system	ridesmtd.com https://www.toi.org/township/crawford-county-robinson-township/crawford-county-robinson-township-township-services/
Robinson Township Robinson	618-546-5414	Financial, utility, emergency assistance	
Section 8 Housing Petersburg	217-632-7723	Housing	
SWAN Olney	618-392-3556	Housing, shelter, financial, domestic abuse	http://www.wadlhl.org

Edwards County

Health Department Albion	618-445-2615	Immunizations and WIC services	https://www.facebook.com/EdwardsCountyHealthOffice/
Opportunities for Access-Center for Independent Living	618-244-9212	Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral	ofacil.org
Southern Illinois Housing Authority Albion	618-445-2715	Housing by application	
Wabash & Ohio Valley Special Education District	618-378-2131	WOVSED provides special education services and resources to the students, parents, teachers and administrators of our Member School Districts. Monday - Friday: 8:00 am - 3:30 pm	wovsed.org
WADI Albion	618-445-2379	Energy, rent, food, shelter, budgeting assistance	wadi-inc.com



Services for You

Effingham County

One Hope United Effingham	217-347-5880	Counseling, Comprehensive Community-based Youth Services (CCBYS), Functional Family Therapy (FFT), Screening Assessment and Support Services (SASS), Intensive Placement St.abilization (IPS), Intact Family Services Program	onehopeunited.org
Department of Children and Family Services (DCFS) Effingham	217-347-5561	Family	https://dcfs.illinois.gov/
Opportunities for Access-Center for Independent Living	618-244-9212	Office location; Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral	ofacil.org
Southern Illinois Housing Authority Effingham	217-342-3520	Housing by application	

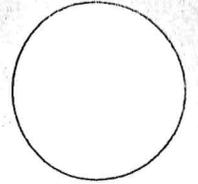
Fayette County

One Hope United Effingham	217-347-5880	Counseling, Comprehensive Community-based Youth Services (CCBYS), Functional Family Therapy (FFT), Screening Assessment and Support Services (SASS), Intensive Placement St.abilization (IPS), Intact Family Services Program	onehopeunited.org
Community Resource Center 24/7 Crisis Hotline	618-283-4229	Community mental health agency, accepts Medicaid, sliding fee scale; Counseling, group therapy, case management	crconline.info
Opportunities for Access-Center for Independent Living	618-244-9212	Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral	ofacil.org

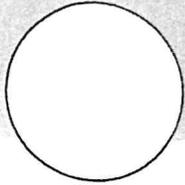
Franklin County

Family Healthcare Clinic Benton	618-439-3161	Healthcare, school physicals	franklinhospital.net
First Baptist Church West Frankfort	618-932-2105	Food assistance, free clothing room	fbwestfrankfort.org

Franklin County



Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Franklin Co. Housing Authority West Frankfort	618-932-2124	Housing by application	
Franklin-Williamson Bi-County Health Benton	618-439-0951	Immunizations, on site testing, care and treatment services	bicountyhealth.org https://gracebaptistfellowship.churchcenter.com/pages/discover-grace
Grace Baptist Church West Frankfort	618-218-1081	Food pantry 9-11. Jan-Oct last Saturday of the month, Nov and Dec last Sat before holidays	
Kids Corral, Inc.	618-937-4700	After School Program M-F K-6 218 South Horn St. Food pantry every Wednesday 9AM - 11 AM; Soup kitchen every Thursday and Friday 4pm-6pm	kidscorral98@gmail.com https://www.facebook.com/
LifeSource Church Food Pantry West Frankfort	618-944-1019		lifesourcechurch.org
Benton Public Library Benton	618-438-7511	Community outreach	bentonpubliclibrary.org
Benton West City Food Pantry Benton	618-927-6270	Food pantry	centerstone.org/franklin-county-williams-families/centerstone-west-frankfort-west-main-street
Centerstone: West Frankfort	618-937-6483	Counseling	
Child Care Resource & Referral Cartersville	618-985-5975	Family	ccrjalc.edu https://www.ccrjalc.com/
Comprehensive Connections Mt Vernon	618-242-1510	Connects people with resources needed for behavioral health	https://www.compconnect.org/
Court Appointed Special Advocates (CASA) Benton	618-438-0608	Child advocate	https://casafranklincounty.org/
Crosswalk West Frankfort	618-937-3581	Emergency, energy, food assistance	crosswalkcaa.com https://www.dhs.state.il.us/page.aspx?item=27893
Department of Human Services (DHS) Benton	618-439-4351	Family	
Public Transportation West Frankfort	618-532-8076	Regional transportation system	https://southcentraltransit.org/
REA Clinic Benton	618 435-9888	Family practice, certified pediatrics, and behavioral health	https://www.crhpc.org/benton



Services for You

REA Clinic- Christopher	618-724-2436	Family practice, internal medicine, pediatrics, diabetic & nutrition services, dental, pharmacy, lab, radiology	https://www.crhpc.org/christopher-
Sesser Police Dept.	618-625-2341	Drug takeback location	sesser.org/police-department/
Shawnee Alliance for Seniors	618-985-8322	Family	shawneehealth.com/locations/shawnee-alliance
Shawnee Enterprises	618-997-5365	Housing by application	
Shawnee Health	618-519-9200	Medical, dental, social, behavioral care	shawneehealth.com
South Central Transit	800-660-7433	Shuttle services	http://southcentraltransit.org
Southern Illinois Case Coordination Services (SICCS) Centralia	618-532-4300	Developmental disability services	
SPERO Counseling and Wellness Center Mt Vernon	618-242-6944	Community, clinical, and child welfare services, crisis, mental health	sperofs.org
Stress and Trauma Treatment Center Eldorado	618-252-9036	Crisis services, mental health, substance use	stressandtrauma.org
Take Action Today	618-212-3171	Substance use and or homelessness	https://takeactiontoday.net/
Take Action Today Inc	618-212-3171	Peer Recovery Support Program, drug court support, education and reentry program, recovery resource center	takeactiontoday.net
The Night's Shield Children's Center West Frankfort	618-932-6400	Homeless shelter for unaccompanied homeless youth	thenightsshield.org
West City Police Dept. Benton	618-435-6112	Drug takeback location	
West Frankfort Police Dept.	618-937-3502	Drug takeback location	
West Frankfort Public Library	618-932-3313	Community outreach	westfrankfortpubliclibrary.org
Whittington Baptist Church Whittington	618-629-2423	Provides clothing assistance	whittington.org

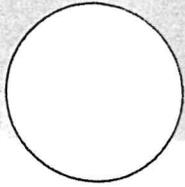


Gallatin County

Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Gallatin County School Well-ness Junction	618-272-7132	Primary care clinic, outpatient psychiatry for adults and children	https://gallatin-county-school-wellness-center.hub.biz
Child Care Resource & Referral Cartersville	618-985-5975	Family	ccrjalc.eduhttps://www.ccrjalc.com/
Department of Children and Family Services (DCFS) Harrisburg	618-253-7604	Family	https://dcfs.illinois.gov/
Egyptian Mental Health Eldorado	618-273-3326	Crisis services, mental health, substance use	egyptian.org
Stress and Trauma Treatment Center Eldorado	618-252-9036	Crisis services, mental health, substance use	stressandtrauma.org
Wabash & Ohio Valley Special Education District	618-378-2131	WOVSED provides special education services and resources to the students, parents, teachers and administrators of our Member School Districts. Monday - Friday: 8:00 am - 3:30 pm	
WADI Harrisburg	618-252-2680	Energy, rent, food, shelter, budgeting assistance	wadi-inc.com

Hamilton County

Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Health Department McLeansboro	618-643-3522	Dental, healthcare, family and children services, emergency preparedness, environmental health, immunizations, drug overdose prevention	https://hchdil.com/
Child Care Resource & Referral Cartersville	618-985-5975	Family	ccrjalc.eduhttps://www.ccrjalc.com/
Court Appointed Special Advocates (CASA) Benton	618-438-0608	Child advocate	https://casafranklincounty.org/



Services for You

Department of Children and Family Services (DCFS) Mt Vernon	618-244-8400	Family	https://dcfs.illinois.gov/
Opportunities for Access-Center for Independent Living	618-244-9212	Increase opportunities for all aspects of community life, public aid, IEPs, skill training, information and referral	ofacil.org
Wabash & Ohio Valley Special Education District	618-378-2131	WOVSED provides special education services and resources to the students, parents, teachers and administrators of our Member School Districts. Monday - Friday: 8:00 am - 3:30 pm	wovsed.org
WADI McLeansboro	618-643-2161	Energy, rent, food, shelter, budgeting assistance	wadi-inc.com

Hardin County

Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Arrow Leaf Vienna	618-658-2611	Counseling services, rental assistance through Salvation Army	myarrowleaf.org
Child Care Resource & Referral Carterville	618-985-5975	Family	ccrrjalc.edu https://www.ccrrjalc.com/
Department of Children and Family Services (DCFS) Harrisburg	618-253-7604	Family	https://dcfs.illinois.gov/
Salvation Army Marion	618 993-5854	Disaster relief, financial assistance, rent, utilities	
Shawnee Development Council	618-734-0535	Utility assistance, weatherization, rent assistance	https://shawneedevelopment.org/
Southern Illinois Housing Authority Elizabethtown	618-287-2786	Housing by application	
Southern Seven Health Department Elizabethtown	618-285-6215	Provides clothing assistance	southern7.org
Stress and Trauma Treatment Center Eldorado	618-252-9036	Crisis services, mental health, substance use	stressandtrauma.org
Two Rivers Child Advocacy Center Anna	618-833-7470	Domestic violence, sexual assault, abuse	http://www.tworiverscac.org/

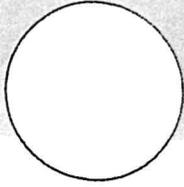


Wabash & Ohio Valley Special Education District 618-378-2131

WOVSED provides special education services and resources to the students, parents, teachers and administrators of our Member School Districts. Monday - Friday: 8:00 am - 3:30 pm wovsed.org

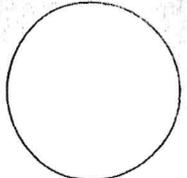
Jackson County

Amtrak	800-872-7245	Transportation	
Carbondale Muslim Center	618-457-6522	Food pantry and soup kitchen	
Carbondale Towers	618-5293371	Low income housing	
Carbondale Township	618-457-3366	Rent and utility assistance	
Carbondale United	618-967-9993	Supportive services and referrals	
Center for Empowerment and Justice, Carbondale	618-457-2777	Legal Advice	
Elkville Christian Church Elkville	618-568-1544	Food assistance; 3rd Saturday of the Month from 9:00 a.m. to 10:00 a.m.	elkvillechristian.com
Elm Street Baptist Church Murphysboro	618-687-1043	Community outreach, food assistance	elmstreetchurch.org
Feed My Sheep Community Kitchen	618-529-5278	Food assistance	
First Baptist Church De Soto	618-867-2477	Food assistance	https://www.facebook.com/desotofirstbaptist/
Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Gateway's Alcohol and Drug Treatment Center Carbondale	877-352-9566	Alcohol and drug rehab treatment center	gatewayfoundation.org/location/carbondale https://www.facebook.com/Got-You-Covered-427934964412518
Got You Covered	618-922-6355	Provides diapers, wipes, baby hygiene products	

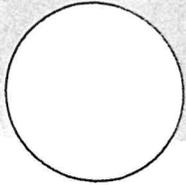


Services for You

Greyhound	618-457-3388	Transportation	
Health Department Murphysboro	618-684-3143	Health Education, HIV & sexual health, WIC, nursing, dental	jchdonline.org
Jackson City Housing Authority Murphysboro	618-684-3183	Low income housing	murphysboro.com/residents/information-for-residents/food-pantry/
Jackson County Food Pantry Murphysboro	618-684-8258	Food assistance; Open Monday-Friday 9 A.M - 11 A.M	
Jackson County Mass Transit District	618-549-0304	Regional transportation system	https://www.jcmtd.com/
JAX Mass Transit, Carbondale	618-549-0304	Transportation	
Lighthouse Shelter Carbondale	618-993-8180	Emergency and Transitional Housing Individual and family counseling, solutions to parent/child conflict, referrals for additional resources, advocacy in school, employment and educational services, life-skill training, assistance with basic needs.	https://lincolnpairiebhc.com/
Lincoln Prairie Behavioral health Center	217-585-1180		
Little Resource Center	618-534-3345	Diapers	sih.net/locations/sih-memorial-hospital-of-carbondale
Memorial Hospital Carbondale	618-549-0721	Dental, healthcare	
Monthly Free Laundry Day		Laundry Program designed to provide adults who receive SNAP benefits an opportunity to gain work experience, earn cash assistance and become self-sufficient, Earn-Fare Work Program	carbondalelaundryproject@gmail.com
Murphysboro Township Earnfare Program Murphysboro	618-684-6711		https://www.dhs.state.il.us/page.aspx?item=31772
Perry-Jackson Child Advocacy Center Pinckneyville	618-357-2990	Advocacy for children age birth to 18 years of age	https://perryjacksoncac.com/
Rainbow Cafe LGBTQ Center	618-525-9922	LGBTQ	rainbowcafe.org



Rides Plus Call Center, Carbondale	844-220-1243	Transportation	
Saluki Express, Carbondale	618-549-0304	Transportation	
SI Coalition for the Homeless	618-993-0094	Low income housing	
SPIN	618-201-4859	Assistance with personal property damage	
St. Anne Cradle of Hope	618-722-5022	Provide spiritual and material assistance to anyone in need by distributing diapers, wipes, formula, bathing necessities, clothing, and other items for mother and child. Open Mondays and Wednesdays 10:00 to 2:00	stannecradleofhope.org
The Fields Apartments (HFDA)	618-549-7377	Low income housing	
The Haven	618-985-3254	Behavioral health and substance abuse treatment for vets and families	
The Thrift Shop, CWU, Carbondale	618-457-6976	Secondhand Clothing, Housewares, and Furniture	
Victory Dream Center Food Pantry	618-351-8018	Food pantry	
Western Egyptian Economic Opportunity Council, Murphysboro	618-443-5231	Energy assistance and weatherization	
Carbondale Police Dept.	618-457-3200 EXT 447	Susie Toliver Elizabeth Sears, crime victim advocate	Police Carbondale, IL (explore.carbondale.com)
Child Care Resource & Referral Carterville	618-985-5975	Family	ccrjalc.edu http://www.ccrjalc.com/
Clarity Women's Care Carbondale	618-549-2794	Pregnancy test, ultrasound, material support, workshops	http://www.claritywomenscare.org/ https://www.dhs.state.il.us/page.aspx?item=27893
Department of Human Services (DHS) Murphysboro	618-687-1705	Family	
Operation Rebound Carbondale	618-549-8232	GED and high school diploma registration	cchs165.jackson.k12.il.us/academics/rebound



Services for You

Opportunities for Access-Center for Independent Living	618-244-9212	<u>Increase opportunities for all aspects of community life, public aid, IEPs, skill training, information and referral</u>	ofacil.org
Public Transportation SIU	618-532-8076	Transportation for SIU students to connecting counties	https://southcentraltransit.org/
ReNew, Cornerstone Church Marion	618-997-7885	<u>Second hand thrift store</u>	https://www.renewsecondhandstore.org
Shawnee Alliance for Seniors	618-985-8322	<u>Family</u>	shawneehealth.com/locations/shawnee-alliance
Shawnee Behavioral health Carbondale	618-519-9200	Behavioral health	
SICIL Carbondale	618-457-3318	Dental, healthcare	incil.org/sicil
SIH Behavioral health Carbondale	618-549-5361	Hospital Medical Services, Behavioral Services	
Siu Care-a-Van	618-536-6621	Medical & mental health clinic	https://carelistings.com/rural-health-centers/carbondale-il/siu-care-a-
SIUC Head Start Carbondale	618-453-2440	Education	headstart.siu.edu/location
SIUC Head Start Murphysboro	618-687-4433	Education	headstart.siu.edu/location
St. Joseph's Hospital Murphysboro	618-684-3156	Dental, healthcare	sih.net/locations/sih-st-joseph-memorial-hospital
START Murphysboro	618-687-2378	Specialized Training for adult rehabilitation, Inc	startinc@startinc.org
Stress and Trauma Treatment Center Eldorado	618-252-9036	Crisis services, mental health, substance use	stressandtrauma.org
Survivor Empowerment Center	618-549-4807	Counseling, education, medical and legal advocacy for domestic violence/rape crisis	empoweringsurvivors.org
Synapse Collaborative LLC	<u>618-467-8805</u>	Healthcare	https://www.synapsecollaborative.com/
University Baptist Church Carbondale	618-457-0323	Monday & Friday 9-11:30 clothes closet and food pantry	ubccarbondale.org



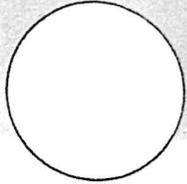
University of Illinois Extension Office Murphysboro	618-687-1727	Community outreach	https://extension.illinois.edu/fjprw
VA Clinic Carbondale	618-351-1031	VA clinic and health care	
Warming Center Carbondale	314-312-2539	Shelter	
Wildcat Route	618-993-1900	Mass Transit Public Service	https://citofmarionil.gov/wp-content/uploads/2023/02/wildcat-route-schedules-with-info.pdf

Jasper County

Jasper Co. Health Dept. Behav. Health Newton	618-783-4154	Behavioral health, therapy, counseling Counseling, Comprehensive Community-based Youth Services (CCBYS), Functional Family Therapy (FFT), Screening Assessment and Support Services (SASS), Intensive Placement St.abilization (IPS), Intact Family Services Program	http://www.jaspercountyil.gov/Health/BehavioralHealth
One Hope United Effingham	217-347-5880	Office location- Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral	onehopeunited.org
Opportunities for Access-Center for Independent Living	618-244-9212		ofacil.org

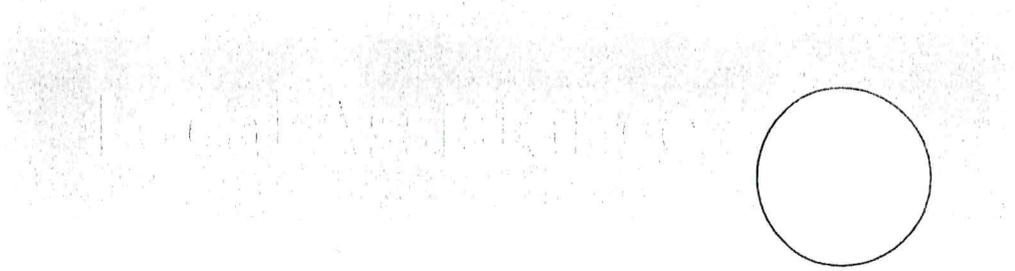
Jefferson County

Goodwill Mt Vernon	618-242-9582	Thrift store, second hand clothes and housewares	
LifeBoat Alliance Mt Vernon	618-244-4088	Homeless shelter	lifeboatalliance.org
Lutheran Child and Family Services Mt Vernon	618-242-3284	Counseling, extended family support, foster care, intact family services	lcfs.org



Services for You

One Hope United Centralia	618-323-0120	Intact Family Services Program	onehopeunited.org
Pleasant Hill Baptist Mt Vernon	618-266-7247	Monthly Requests for diapers and other basic needs	Pleasant Hill Baptist Church Diapers & More (phbcmv.org)
Comprehensive Connections Mt Vernon	618-242-1510	Connects people with resources needed for behavioral health	https://www.compconnect.org/
Court Appointed Special Advocates (CASA) Mt Vernon	618-204-5453	Child advocate	illinoiscasa.org
Department of Children and Family Services (DCFS) Mt Vernon	618-244-8400	Family	https://dcfs.illinois.gov/
Department of Human Services (DHS) Mt Vernon	618-242-1040	Family	https://www.dhs.state.il.us/page.aspx?item=27893
One Hope United Mt Vernon	618-242-8266	Multi-Systemic Therapy (MST), Foster Grandparent Program, Screening Assessment and Support Services(SASS), Intensive Placement St.abilization (IPS)	onehopeunited.org
Opportunities for Access-Center for Independent Living	618-244-9212	Main Office location- Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral	ofacil.org
Park Avenue Baptist Mt Vernon	618-242-5068	Food Pantry open Monday, Wednesday, and Friday 1pm-3pm	https://www.parkavenuebaptistchurch.com/food-pantry/
South Central Transit	800-660-7433	Shuttle services	http://southcentraltransit.org
Southern Illinois Housing Authority Mt Vernon	618-244-6275	Housing by application	
SPERO Counseling and Wellness Center Mt Vernon	618-242-6944	Community, clinical, child welfare services	sperofs.org
Stress and Trauma Treatment Center Eldorado	618-252-9036	Crisis services, mental health, substance use	stressandtrauma.org
Take Action Today Inc	618-212-3171	Peer Recovery Support Program, drug court support, education and reentry program, recovery resource center	takeactiontoday.net
USDA Rural Development Mt. Vernon	618-244-0773	Housing	
West Side Baptist Mt Vernon	618-244-7113	Food assistance	

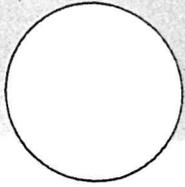


Johnson County

Faith Alive Ministerial Alliance Vienna	618-658-7110	Scholarships, community assistance, affordable clothing store	https://www.viennafunc.com/faith-alive-ministry
Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Arrow Leaf Vienna	618-658-2611	Counseling services/rental assistance through Salvation Army	myarrowleaf.org https://www.facebook.com/Carmicompassion-center
Carmi Compassion Center	618-383-5874	Medical, dental, social, behavioral care	ccrjalc.edu https://www.ccrjalc.com/
Child Care Resource & Referral Carterville	618-985-5975	Family Behavioral health, dental, healthcare; Lo- cations include Anna, Dongola, Goreville, Metropolis, Vienna	ccrjalc.edu https://www.ccrjalc.com/
Rural Health Inc.	618-833-4471	Disaster relief, financial assistance, rent, utilities	ruralhealthinc.com
Shawnee Mass Transit District	618-658-8380	Regional transportation system	shawneemass.com
Southern Seven Health Depart- ment Vienna	618-658-5011	Preventive health care, health education, Head Start	southern7.org/pope.html
Two Rivers Child Advocacy Center Anna	618-833-7470	Domestic violence, sexual assault, abuse	http://www.tworiverscac.org/

Lawrence County

Lawrence Co. Health Dept Lawrenceville	618-943-3302	Rural health, behavioral health, public health, home health, environmental health	https://lchealth.com/
Lawrence Co. Housing Authori- ty Lawrenceville	618-943-4762	Housing	Housing Authority of the County of Lawrence IL, IL Waiting Lists and Information (affordable-housingonline.com)



Services for You

Opportunities for Access-Center for Independent Living 618-244-9212

Office location- Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral

ofacil.org

Madison County

One Hope United Collinsville 618-345-9644

Intact family services program, Intensive Placement St.abilization (IPS), nurturing parenting program

onehopeunited.org

Salvation Army IL Corps, Granite City 618-451-7957

Food & nutrition programs, casework services, music & arts programs, clothing

Marion County

BCMw Community Services Centralia 618-532-7388

Transitional housing, energy assistance, rental assistance, mental health, crisis services, mental health scholarships and weatherization

bcmwcommunityservices.org

Marion County Housing Authority 618-532-1894

Government subsidized housing

www.mchahomes.org

One Hope United Centralia 618-323-0120

Intact Family Services Program

onehopeunited.org

Pleasant Hill Baptist Mt Vernon 618-266-7247

Monthly Requests for diapers and other basic needs

Pleasant Hill Baptist Church | Diapers & More (phbcmv.org)

The Rachael Academy of Education 618-997-6311

Human Services

After-hours tutoring assistance, child extracurricular activities, food assistance- Evaluation and medication management by a psychiatric provider Evaluations and therapies by licensed therapists

Angela Center-SSM Behavioral Health Centralia 618-436-5665

Counseling for individuals, couples, and families Group therapy - a variety of specialized groups are offered

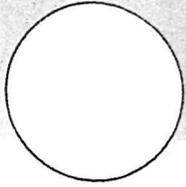
<https://www.ssmhealth.com/locations/location-details/behavioral-health-illinois>



BCMW Head St.art Salem	618-548-1020	Employment, education	bcmwhs.org
Community Resource Center 24/7 Crisis Hotline	618-548-2181	Community mental health agency, ac- cepts Medicaid, sliding fee scale; Coun- seling, group therapy, case management	crconline.info
Coping 4 Life	618-594-2723	Counseling	https://coping4life.com/
Department of Children and Family Services (DCFS) Mt Vernon	618-244-8400	Family	https://dcfs.illinois.gov/ https://www.dhs. state.il.us/page.aspx- ?item=27893
Department of Human Services (DHS) Centralia	618-532-1966	Family	
Opportunities for Access-Cen- ter for Independent Living	618-244-9212	Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral	ofcil.org
Shawnee Enterprises	618-997-5365	Housing by application	
South Central Transit	800-660-7433	Shuttle services	http://www.southcentraltransit.com
Southern Illinois Housing Au- thority Centralia	618-532-1894	Housing by application	

Massac County

Fowler-Bonan Foundation Harrisburg	Contact on Website 618-524-9368 TDD 618-524-1578 Toll Free	Clothing for low income students	fowlerbonanfoundation.com
Massac County Mental Health and Family Counseling Center Metropolis	800-851-1251 After Hours Crisis Line 618- 524-9368	Provides low cost, high quality care to people of all ages	http://memhc.com/
Child Care Resource & Referral Carterville	618-985-5975	Family	ccrjalc.edu https://www.ccrjalc.com/
Department of Human Services (DHS) Metropolis	618-524-2631	Family	https://www.dhs. state.il.us/page.aspx- ?item=27893



Services for You

Rural Health Inc.	618-833-4471	Dental, healthcare; Locations include Anna, Dongola, Goreville, Metropolis, Vienna	ruralhealthinc.org
Shawnee Alliance for Seniors	618-985-8322	Family	shawneehealth.com/locations/shawnee-alliance
Shawnee Development Council	618-734-0535	Utility assistance, weatherization	https://shawneedevelopment.org/
Shawnee Enterprises	618-997-5365	Housing by application	
Shawnee Health	618-519-9200	Medical, dental, social, behavioral care	shawneehealth.com
Shawnee Mass Transit District	618-658-8380	Regional transportation system	shawneemtd.com
SI Housing Authority Massac	618-524-8411	Housing by application	masscountyhousing.com
SICIL Metropolis	618-457-3318	Housing shelter	https://www.incil.org/sicil/
Southern Seven Health Department Metropolis	618-524-2657	Preventive health care, health education, Head Start	southern7.org/massac.html
Two Rivers Child Advocacy Center Anna	618-833-7470	Domestic violence, sexual assault, abuse	http://www.tworiverscac.org/

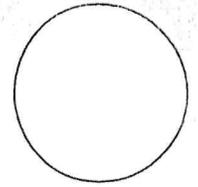
Monroe County

One Hope United Collinsville	618-345-9644	Intact family services program, Intensive Placement Stabilization (IPS), nurturing parenting program	onehopeunited.org
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Perry County

Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Marshall Browning Hospital Du Quoin Resources Southern Illinois	618-542-2146	Dental, healthcare	marshallbrowninghospital.com

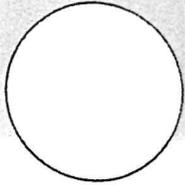
PERY COUNTY



Perry-Jackson Child Advocacy Center Pinckneyville	618-357-2990	Advocacy for children age birth to 18 years of age	https://perryjacksoncac.com/
Child Care Resource & Referral Carterville	618-985-5975	Family	ccrjalc.edu https://www.ccrjalc.com/
DuQuoin Community Health Center DuQuoin	618 542-8702	Medical, dental, mental health, nutritional	crhpc.org
Egyptian Mental Health Eldorado	618-273-3326	Crisis services, mental health, substance use	egyptian.org
Perry County Counseling Center DuQuoin	618-542-4357	Mental health outpatient, DUI, prevention, residential program, and crisis services; JMRT; Parenting; anger management; domestic	https://www.perrycountycounseling.com/
Perry County Health Department Pinckneyville	618-357-5371	Family health, environmental health, home health, immunizations, preventative care	https://perryhealth.net/
Perry County Housing Authority	618-542-5409	Low income housing	http://www.perry-countyhousing.org/
Second Baptist Church DuQuoin	618-542-2906	Food assistance	
Shawnee Enterprises	618-997-5365	<u>Housing by application</u>	
South Central Transit	800-660-7433	Shuttle services	http://southcentraltransit.org/
Take Action Today Inc	618-212-3171	Peer Recovery Support Program, drug court support, education and reentry program, recovery resource center	takeactiontoday.net
University of Illinois Extension Office Pinckneyville	618-357-2126	Community outreach	https://extension.illinois.edu/fjprw
Western Egyptian Economic Opportunity Council, Inc. DuQuoin	618-542-4656	Energy assistance, weatherization, Head Start, crisis based services, food pantry	https://weeoc.org/counties/perry-county/

Pope County

Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
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Services for You

Arrow Leaf Vienna	618-658-2611	Counseling services, rental assistance through Salvation Army	myarrowleaf.org
Child Care Resource & Referral Carterville	618-985-5975	Family	ccrjalc.eduhttps://www.ccrjalc.com/
Salvation Army Marion	618 993-5854	Disaster relief, financial assistance, rent, utilities	
Shawnee Alliance for Seniors	618-985-8322	Family	shawneehealth.com/locations/shawnee-alliance
Shawnee Development Council	618-734-0535	Utility assistance, weatherization	https://shawneedevelopment.org/
Southern Seven Health Department Golconda	618-683-8022	Preventive health care, health education, Head Start	southern7.org/pope.html
Two Rivers Child Advocacy Center Anna	618-833-7470	Domestic violence, sexual assault, abuse	http://www.tworiverscac.org/
Wabash & Ohio Valley Special Education District	618-378-2131	WOVSED provides special education services and resources to the students, parents, teachers and administrators of our Member School Districts. Monday - Friday: 8:00 am - 3:30 pm	wovsed.org

Pulaski County

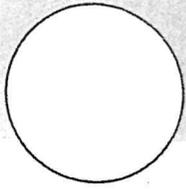
Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Arrow Leaf - Client Choice Food Pantry Cairo	618-658-3079	Food pantry	
Child Care Resource & Referral Carterville	618-985-5975	Family	ccrjalc.eduhttps://www.ccrjalc.com/
Department of Children and Family Services (DCFS) Cairo	618-734-0858	Family, DCFS	
Department of Human Services (DHS) Mounds	618-745-9411	Family	https://www.dhs.state.il.us/page.aspx?item=27893



Pulaski County Clinic Pulaski	618-634-9405	WIC food program, family case management, immunizations/screenings, pregnancy testing, STD & HIV testing	https://southern7.org/clinics-southern-7-health-department/public-health-clinic-locations/pulaski-county-southern-7-health-department-clinic/ https://affordablehousingonline.com/housing-authority/illinois/Housing-Authority-of-Pulaski-County/IL045
Pulaski County Housing Authority Mounds	618-745-6330	Section 8 Housing, public housing	https://shawneedevelopment.org/
Shawnee Development Council	618-734-0535	Utility assistance, weatherization	http://www.shawneedevelopment.org/
Shawnee Mass Transit District	618-658-8380	Regional transportation system	http://www.shawneemass.org/
Southern Seven Health Department Ullin	618-634-9405	Preventive health care, health education, Head Start	http://www.southernseven.org/
Two Rivers Child Advocacy Center Anna	618-833-7470	Domestic violence, sexual assault, abuse	http://www.two-rivers.org/
University of Illinois Extension Office Mounds	618-745-5200	Community outreach	https://extension.illinois.edu/ajmpu

Randolph County

Employment Office Chester	618-826-4709	Employment, education	https://www.career-centeroffices.com/center/2758/southwestern-illinois-worknet-center-randolph-county/
Health Department Chester	618-826-5007	Immunizations and WIC Services	https://am.randolphco.org/index.php/welcome
Memorial Hospital Chester	618-826-4581	Dental, healthcare	mhchester.com
One Hope United Collinsville	618-345-9644	Intact family services program, Intensive Placement Stabilization (IPS), nurturing parenting program	onehopeunited.org



Services for You

Randolph County Care Center Sparta	618-443-4351	Short-term rehabilitation and long-term care	randolphcountycarecenter.com
Southern Illinois Housing Authority Chester	618-826-4314	Housing by application	
Sparta Hospital Sparta	618-443-2177	Full Service Acute Care Facility	spartahospital.com

Richland County

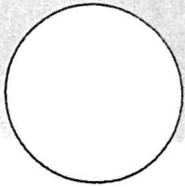
ERBA Olney	618-395-2714	Housing, utilities, financial, scholarship, rent/mortgage assistance	erbainc.org
Giving Hope Food Pantry Olney	618-843-0885	Food Pantry with pickup and drive through weekly. Richland County ONLY on M and TH, all counties other days.	
Good Samaritan Olney	618-395-8152	Food Service opened on Wednesday and Friday from 9am-10:45am	
Master's Hands Olney	(618) 392-0414	Food, clothing	https://the-masters-hands-inc.business.site/
Carle Primary Care Office Olney	618-392-9400	Counseling	https://carle.org/
CEFS WIOA Program Olney	618-392-7777	Employment	https://www.cefseoc.org/wioa
Colwell Counseling Services Olney	618-392-8255	Counseling ages 5+	
CSS Supportive Employment Teutopolis	217-705-4300	Employment	https://csscares.org/
One Hope United Olney	618-395-8656	Comprehensive Community-based Youth Services (CCBYS), Intact Family Services Program	onehopeunited.org
Opportunities for Access-Center for Independent Living	618-244-9212	<u>Office Location - Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral</u>	ofacil.org
Pool's Hidden Treasures Olney	618-393-2929	<u>Consignment store</u>	



Richland Co. Health Dept Olney	618-392-6241	Vaccination services, TB testing, other general health services	https://www.richland-countyhealthoffice.org/ http://www.rcha1.com/?fbclid=IwAR15p-6de_fzqak2hUrV8efk-J9BsD_QVPBGwnDjLK5F-NqPXtEMyg0phxPNMw
Richland County Housing Olney	618-395-2571	<u>Low- income housing for elderly, disabled, near elderly, families</u>	
Rides Mass Transit Olney	618-395-1272	<u>Regional transportation system</u>	ridesmtd.com
SIH Behavioral health Olney	618-395-5222	Behavioral health, Ob/Gyn, Pharmacy	
SWAN Olney	618-392-3556	Housing, shelter, financial, domestic abuse	https://www.swandvhl.org/
USDA Rural Development Effingham	217-347-7107	Housing	

Saline County

Ferrell Hospital Behavioral Health Eldorado	618-297-9665	Crisis services, Mental health, substance use prevention	ferrellhosp.org/Services/ Behavioral-Health
First United Methodist Harris- burg	618-253-7023	Clothing, food assistance, rent, utilities	
Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Harrisburg Medical Center Harrisburg	618-253-7671 Ext. 10288	Medical, diagnostic & therapeutic, be- havioral health, specialized services Rehab, mental health, physicals, laser therapy, physical therapy, massage thera- py, nutrition, family medicine, chiroprac- tic care	https://harrisburgmc.com/
Integrated Health Harrisburg	618-252-5555		integratedhealthofsi.com
4C's Shelter Harrisburg	618-252-3931	Utilities, clothing shelter, food pantry (618-252-2374) and homeless shelter	4cshbg.org
Beck's Home Health and Medical Equipment Services Eldorado	618-273-8111	Home health and medical supplies	becksdrgs.com/



Services for You

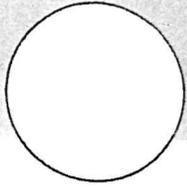
Child Care Resource & Referral Carterville	618-985-5975	Family	ccrjalc.edu https://www.ccrjalc.com/
Christian Community Compassion Center Harrisburg	618-252-3931	Community outreach	harrisburgpresbyterian.org https://4cshbg.org/
Court Appointed Special Advocates (CASA) Harrisburg	618-253-3355	Child advocate	illinoiscasa.org
Department of Children and Family Services (DCFS) Harrisburg	618-253-7604	Family	https://dcfs.illinois.gov/
Egyptian Mental Health Eldorado	618-273-3326	<u>Crisis services, mental health, substance use</u>	egyptian.org
Eldorado First Baptist Church Eldorado	618-273-8206	<u>Lunch meals Tues-Thurs 11:30-12:30; Food distribution every 3rd Mon.</u>	https://www.fbceldorado.com/ harrisburgmc.com/clinics/eldorado-primary-care
Eldorado Primary Care Eldorado	618-273-7723	Healthcare	harrisburgmc.com/clinics/eldorado-primary-care
Rides Mass Transit Harrisburg	618-252-4662	<u>Regional transportation system</u>	ridesmtd.com
Saline Baptist Food Pantry Harrisburg	618-252-2374	Clothing	
Saline County Sheriff's Office Harrisburg	618-252-8661	<u>Law enforcement</u>	
Shawnee Alliance for Seniors	618-985-8322	Family	shawneehealth.com/locations/shawnee-alliance
Shawnee Enterprises	618-997-5365	Housing by application	
SICIL Harrisburg	618-252-7233	Housing shelter	https://www.incil.org/sicil/
SIH Primary Care Harrisburg	618-252-8625	<u>Crisis services, mental health, substance use</u>	sih.net/locations/harrisburg-specialty-clinic
Southern 14 Local Workforce Harrisburg	618-252-6020	Employment, education	so14lwib.com
Stress and Trauma Treatment Center Eldorado	618-252-9036	<u>Crisis services, mental health, substance use</u>	stressandtrauma.org
Village InCK	618-518-4625	Child care, employment, clothing, healthcare, food assistance; Connects families to resources to help kids.	egyptian.org/villageinck



Wabash & Ohio Valley Special Education District	618-378-2131	WOVSED provides special education services and resources to the students, parents, teachers and administrators of our Member School Districts. Monday - Friday: 8:00 am - 3:30 pm	wovsed.org
WADI Harrisburg	618-252-2680	Energy, rent, food, shelter, budgeting assistance	wadi-inc.com

Union County

Fellowship House, Inc. Anna	618-833-4456	Detox services, residential rehabilitation, outpatient services	https://centerstone.org/locations/illinois/facilities/centerstone-fellowship-house-campus/
Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students Household pantry the 2nd and 4th Thursday of the month from 11am-1pm. Union County residents only. We distribute paper products, personal hygiene, toiletries, cleaning supplies and laundry detergent.	www.fowlerbonanfoundation.org
Harvest Church	618-833-0603	Clothing vouchers, transitional housing, food pantry	www.harvestchurch.org
Bethany Village Anna	618-833-1777	Family	bvillageanna.com
Child Care Resource & Referral Carterville	618-985-5975	Crisis services, mental health, substance use	www.ccrjalc.edu https://www.ccrjalc.com/
Dongola First Baptist Church Dongola	618-827-4391	Food Pantry 1st Wednesdays 10-11am. Must call on Monday to schedule pickup (can leave a message)	https://dongolafirst.com/food-pantry/
Rural Health Inc.	618-833-4471	Disaster relief, financial assistance, rent, utilities	ruralhealthinc.org
Shawnee Development Council	618-734-0535	<u>Utility assistance, weatherization</u>	https://shawneerdevelopment.org/



Services for You

Shawnee Enterprises	618-997-5365	Housing by application	
Shawnee Mass Transit District	618-658-8380	Regional transportation system	shawneemtd.com
Southern Seven Health Department Anna	618-833-8561	Preventive health care, health education, Head Start	southern7.org
Stress and Trauma Treatment Center Eldorado	618-252-9036	Crisis services, mental health, substance use	stressandtrauma.org
University of Illinois Extension Office Anna	618-833-6363	Community outreach	https://extension.illinois.edu/ajmpu

Wabash County

Health Department Mt Carmel	618-263-3873	Immunizations, WIC, TB testing, oral drug testing, family case management, foot care clinic, paternity testing, "All Our Kids Network," HERO Foundation	http://www.wabash-health.org/ https://www.dhs.state.il.us/page.aspx?item=27893
Department of Human Services (DHS) Mt Carmel	618-262-5179	Family	
Opportunities for Access-Center for Independent Living	618-244-9212	Increase opportunities for all aspects of community life, public aid, IEPs, skill training, information and referral	ofacil.org
Shawnee Alliance for Seniors	618-985-8322	Family	shawneehealth.com/locations/shawnee-alliance
Southern Illinois Housing Authority Mt Carmel	618-262-5518	Housing by application	
Wabash & Ohio Valley Special Education District	618-378-2131	WOVSED provides special education services and resources to the students, parents, teachers and administrators of our Member School Districts. Monday - Friday: 8:00 am - 3:30 pm	wovsed.org
WADI Mt Carmel	618-262-4151	Energy, rent, food, shelter, budgeting assistance	wadi-inc.com

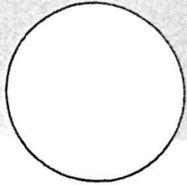


Washington County

One Hope United Centralia	618-323-0120	Intact Family Services Program	onehopeunited.org
		Transitional housing, energy assistance, rental assistance, mental health, crisis services, mental health scholarships and weatherization	
BCMW Community Services Centralia	618-327-8476		bcmwcommunityservices.org
Opportunities for Access-Center for Independent Living	618-244-9212	Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral	ofacil.org
Salvation Army Marion	618 993-5854	Disaster relief, financial assistance, rent, utilities	
South Central Transit	800-660-7433	Shuttle services	http://southcentraltransit.org
Washington County Public Health	618-327-3644	Dental, healthcare	

Wayne County

Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Oblong Christian Children's Home Oblong	618-592-3633	Children's shelter	Oblong Children's Christian Home (oblongchristianhome.org)
Department of Children and Family Services (DCFS) Mt Vernon	618-244-8400	Family	https://dcfs.illinois.gov/
Opportunities for Access-Center for Independent Living	618-244-9212	Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral	ofacil.org
Rides Mass Transit Fairfield	618-847-4077	Regional transportation system	ridesmtel.com
Southern Illinois Housing Authority Fairfield	618-842-9008	Housing by application	

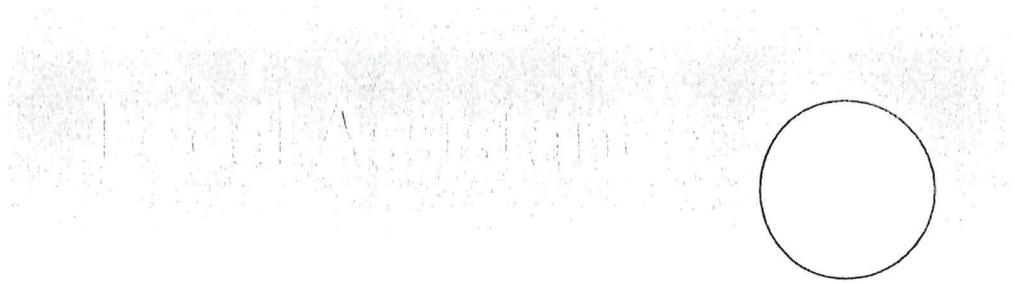


Services for You

Wabash & Ohio Valley Special Education District	618-378-2131	WOVSED provides special education services and resources to the students, parents, teachers and administrators of our Member School Districts. Monday - Friday: 8:00 am - 3:30 pm	wovsed.org
WADI Fairfield	618-842-2962	Energy, rent, food, shelter, budgeting assistance	wadi-inc.com

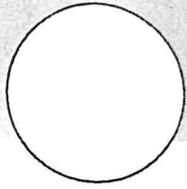
White County

Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Opportunities for Access-Center for Independent Living	618-244-9212	Office location- Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral	ofacil.org
Wabash & Ohio Valley Special Education District	618-378-2131	WOVSED provides special education services and resources to the students, parents, teachers and administrators of our Member School Districts. Monday - Friday: 8:00 am - 3:30 pm	wovsed.org
Child Care Resource & Referral Cartersville	618-985-5975	Family	ccrjalcd.eduhttps://www.ccrjalcd.com/
Community Resource Center Department of Children and Family Services (DCFS) Harrisburg	618-533-1391 618-253-7604	Clothing, household Family	crconline.info https://dcfs.illinois.gov/
Egyptian Mental Health Eldorado	618-273-3326	<u>Crisis services, mental health, substance use</u>	egyptian.org
Shawnee Enterprises	618-997-5365	Housing by application	
Stress and Trauma Treatment Center Eldorado	618-252-9036	Crisis services, mental health, substance use	stressandtrauma.org
WADI Enfield	618-963-2387	Energy, rent, food, shelter, budgeting assistance	wadi-inc.com



Williamson County

Fighting Cancer Today	618-922-0585	Pregnancy test, ultrasound, material support, workshops supports for cancer patience and their family	www.FightingCancerToday.org
Fowler-Bonan Foundation Harrisburg	Contact on Website	Clothing for low income students	fowlerbonanfoundation.com
Franklin-Williamson Bi-County Health Marion	618-993-8111	Immunizations, on site testing, care and treatment services	bicountyhealth.org
GROW In Illinois Champaign	217-352-6989	Crisis services, mental health, substance use; Group videoconference available	https://www.growinamerica.org/home
House of Hope Herrin	618-942-9500	Soup kitchen/food pantry and thrift store, GED testing center, bicycles	herrinhouseofhope.org
Integrated Health of Southern Illinois Carterville	618 985-4344	Rehab, mental health, physicals, laser therapy, physical therapy, massage therapy, nutrition, family medicine, chiropractic care	www.ihsc.org
Lutheran Social Services Marion	618-997-9196	Social service agency	www.lss.org
Man-Tra-Con Marion	618-998-0970	Assistance with job search, resume building and educational goals	mantracon.org
Marion Housing Authority Marion	618-997-1258	Section 8 and public housing in Marion, IL	The City Of Marion Housing Authority – Public Housing Help https://www.facebook.com/MarionMinisterialAlliance/
Marion Ministerial Alliance Marion	618-993-8419	Soup kitchen, Food pantry, limited utility assistance	boytonstreet.com
Boyton Street Community Center Marion	618-997-1113	<u>After school and summer lunch programs along with several enrichment programs</u>	https://cityofmarionil.gov/boyton-street/
Carita's Family Solutions Carterville	618-985-2000	<u>Social service agency</u>	caritasfamiliesolutions.org
Centerstone Marion	618-997-3647	Counseling	centerstone.org
Child Care Resource & Referral Carterville	618-985-5975	<u>Family</u> Medical behavior health, women's healthcare, dental (no longer a free clinic)	ccrjalc.edu https://www.ccrjalc.com/
Clarity Women's Care Marion	618-997-2790		claritywomenscare.org



Services for You

Court Appointed Special Advocates (CASA) Benton	618-438-0608	Child advocate	https://casafranklin-county.org/
Department of Human Services (DHS) Marion	618-997-6591	Family	https://www.dhs.state.il.us/page.aspx?item=27893
Egyptian Mental Health Eldorado	618-273-3326	Crisis services, mental health, substance use	egyptian.org
ReNew, Cornerstone Church Carbondale	618-364-8250	Second hand thrift store	https://www.renewsecondhandstore.org
Rides Mass Transit Marion	618-993-1900	Regional transportation system	ridesmtd.com
Salvation Army Service Center, Marion	618-993-5854	Clothing, hygiene assistance, food assistance	
Shawnee Alliance for Seniors	618-985-8322	Family	shawneehealth.com/locations/shawnee-alliance
Shawnee Enterprises	618-997-5365	<u>Housing by application</u>	
Shawnee Health	618-519-9200	Medical, dental, social, behavioral care	shawneehealth.com
Shawnee Health	618-519-9200	Equipping, encouraging, and stabilizing those who are in need. If you are facing a challenging situation or feeling stuck and overwhelmed, the Empowerment Team would love to meet with you.	shawneehealth.com
Shawnee Healthy Families	618-985-8322	Birth to 5 years old	http://www.shawneehealth.com/locations/shawnee-alliance/
Shawnee Healthy Families	618-985-8322	Birth to 5 years old	http://www.shawneehealth.com/locations/shawnee-alliance/
Shawnee Village Marion	618-993-0004	Housing by application	
SIUC Head Start John A Logan	618-985-2828 ext. 8241	Education	headstart.siu.edu/location
SIUC Head Start Marion	618-997-4255	Education	headstart.siu.edu/location
Southern Illinois Coalition for Homeless Marion	618-993-0094	Central intake for housing assistance for the homeless	



SPERO Counseling and Wellness Center Mt Vernon	618-242-6944	Mental Health	sperofs.org
St. Anne Cradle of Hope	618-722-5022	Provide spiritual and material assistance to anyone in need by distributing diapers, wipes, formula, bathing necessities, clothing, and other items for mother and child. Open Mondays and Wednesdays 10:00 to 2:00	stannecradleofhope.org
Stress and Trauma Treatment Center Eldorado	618-252-9036	Crisis services, mental health, substance use	stressandtrauma.org
Survivor Empowerment Center	618-993-0803	Counseling, education, medical and legal advocacy for domestic violence/rape crisis	http://empoweringsurvivors.org/
Take Action Today Inc	618-212-3171	Peer Recovery Support Program, drug court support, education and reentry program, recovery resource center	takeactiontoday.net
USDA Rural Development Marion	618-993-5696 Ext. 4	Housing	
Williamson County Housing Auth. Carterville	618-985-2422	Housing by application (Does not serve city of Marion)	

Regional Offices of Education

Regional Office of Education #12 Clay, Crawford, Jasper, Lawrence, and Richland Counties www.roe12.net

Regional Office of Education #13 Clinton, Jefferson, Marion and Washington Counties www.roe13.org

Regional Office of Education #20 Edwards, Gallatin, Hamilton, Hardin, Pope, Saline, Wabash, Wayne and White Counties www.roe20.org

Regional Office of Education #21 Franklin, Johnson, Massac, & Williamson Counties www.roe21.org

Regional Office of Education #30 Alexander, Jackson, Perry, Pulaski and Union Counties www.roe30.org



The Regional Office of Education 21 is proud to partner with the McKinney-Vento Homeless Program (Area 6), Community Prevention Resources, and the Southern Illinois Continuum of Care.



The McKinney-Vento Homeless Education Assistance Act

The McKinney-Vento Homeless Education Assistance Act ensures the educational rights and protections of homeless children and youth so that they may enroll in school, attend regularly, and be successful. This act guarantees McKinney-Vento eligible children and youth the following:

- The right to immediate enrollment in school, even if lacking paperwork normally required for enrollment.
- The right to attend school in his/her school of origin (if this is requested by the parent and is reasonable) or in the school in the attendance area where the family or youth is currently residing
- The right to receive transportation to his/her school of origin, if this is requested by the parent or unaccompanied youth.
- The right to services comparable to those received by housed schoolmates, including transportation and supplemental educational services.
- The right to attend school along with children not experiencing homelessness.

This ISBE program is funded in whole or in part by the U.S. Dept of Ed under the McKinney-Vento Education for Homeless Children and Youth Program.

For more information email homeless@roe21.org



Community Prevention Resources

Community Prevention Resources (CPR) is a substance use prevention program working through the Regional Office of Education #21 to deliver innovative prevention services in Franklin and Saline counties. The CPR team focuses on changing perceptions and developing skills and norms that support healthy substance-free environments within schools and communities.

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery through a grant from the Substance Abuse and Mental Health Services Administration.



Southern Illinois Continuum of Care

The Southern Illinois Continuum of Care Network (CoC) is a collection of nonprofit agencies, mental health advocates, educators, substance abuse counselors, case managers and volunteers who work together to coordinate services to assist individuals and families experiencing a housing crisis. A regional planning body, the CoC is responsible for strategically distributing housing and services funding throughout its 27 county geographic region.